

LESTA trading as Precision Training Academy is a Registered Training Organisation and operates in accordance with applicable legislation and the Standards for Registered Training Organisations. We are responsible under the *National Vocational Education and Training Regulator Act 2011* for the quality of training and assessment being delivered in this course and for the issuance of all AQF certificates.

## HLTAID009 Provide cardiopulmonary resuscitation

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

This unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.

- Respond to an emergency situation
- Perform CPR procedures
- Communicate details of the incident
- Review the incident

A person may be required by industry or jurisdictional regulation to undertake a refresher in CPR skills every 12 months and/or refresher in first aid every 3 years and provide evidence to the organisation or employer that this refresher training has been undertaken to attain currency of skills. Safe Work Australia has made recommendations to ensure the currency of skills of those providing CPR. These recommendations are for refresher training in CPR every 12 months and first aid currency every 3 years.

An employer should check all first aid qualifications and make it part of their business to ensure relevant persons are trained to meet the relevant first aid requirements.

## Pre-requisites / Entry Requirements

There are no pre-requisites for this course identified within the industry training package.

Precision Training Academy do require learners to meet the following entry requirements:

- ✓ Learners must be aged 16 years or older
- ✓ You must complete and pass a Language, Literacy and Numeracy (LLN) Test as part of the enrolment process.  
Competent in written and spoken English:  
Industry standard requires that all learners seeking enrolment into this course have an appropriate level of written and spoken English suitable for being able to request appropriate emergency assistance at the scene of the incident and make an accurate verbal report to emergency response services and workplace supervisor. These skills are assessed by way of a LLN test prior to the enrolment process.
- ✓ You must have read the PTA Student Information Handbook.
- ✓ A Unique Student Identifier (USI) Number must be supplied to PTA prior to us being able to issue a Nationally Recognised Qualification – refer *Student Information Handbook*

## Physical capabilities

It is important to note that there are physical standards which relate to the level of performance required when undertaking first aid training. The HLTAID competency standards require a level of physical ability to provide resuscitation and respond to an emergency situation where there may be risk to life.

One requirement of the training package is that you are to be assessed as physically capable of performing uninterrupted CPR for at least 2 minutes on an adult CPR manikin placed on the floor. There can be no exceptions to these Training Package requirements. Therefore, students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued with a statement of attainment, even if the qualification is a necessary part of their employment conditions.

## How will you be assessed as competent?

Our highly experienced and fully trained personnel will provide students with a hands-on approach in simulated workplace environments to help students understand the concepts they're attempting to learn. The assessment in support of the unit of competency requires the learner to complete a written knowledge assessment and then demonstrate their applied knowledge and skills during a practical performance assessment demonstrating your skills to perform effective CPR.

The learner must answer all the written knowledge questions correctly. There is the opportunity for this knowledge assessment to be conducted verbally if the learner requires this level of support.

### **Knowledge—you will learn and be assessed on:**

- ARC guidelines relative to CPR
- Legal, workplace and community considerations
- Consideration when providing CPR
- Legal, workplace and community considerations
- Consideration when providing CPR
- Techniques for providing CPR to adults, children and infants

### **Practical performance—you will be assessed responding to practical scenarios in a simulated workplace environment and expected to perform demonstrations of the following:**

- managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise
- managed, in line with ARC guidelines, the unconscious, non-breathing adult, including:
  - performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
  - following the prompts of an automated external defibrillator (AED) to deliver at least one shock
  - demonstrating a rotation of single rescuer operators with minimal interruptions to compressions
  - responding appropriately in the event of regurgitation or vomiting
- handing over to emergency services
- providing an accurate verbal report of the incident
- reviewing the incident
- managed, in line with ARC guidelines, the unconscious, non-breathing infant, including:
  - performing at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface

### **Delivery mode:**

This course is delivered in a classroom  
– Face to face supervised instruction and assessment.

### **Pre-Training Reading:**

You will be required to read your Learner Guide prior to attending class. This will be provided to you by either a hard copy version or you will be directed to our website to be given a student log in for online learning.

### **Course duration of class attendance:**

- Minimum of 4 hours
- Start time 8.30am – 12.30pm
- A break is included throughout the morning.

### **Student Support:**

Precision Training Academy recognises that all people learn differently and acknowledge that some students may require additional support. Additional support will be provided if required.

### **Issuing certificates:**

Students will be issued with a Certificate and transcript within 14 days of successful completion of all requirements.

### **PTA Head Office Location:**

572 Pacific Highway  
Belmont NSW 2280

### **Timetable of classes:**

Please contact Precision Training Academy for an up-to-date timetable on the contact details below.

### **Tuition Fees:**

Please refer to the Schedule of Fees & Charges for all Tuition Fees and Charges.

### **Contact details:**

Telephone: (02) 4040 1788  
Email: [precisiontrainingacad@gmail.com](mailto:precisiontrainingacad@gmail.com)